

Hammer Flute

Exercise #1 with backing track

$\text{♩} = 107$

Flute

Beatbox only

Count off

5

11 Play

15

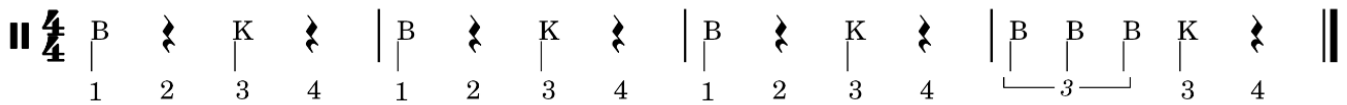
Preparing for Exercise #2 - Introducing K

- Press back of tongue against roof of mouth to create air pressure - say “ca” as in “call”
- Exhale while pushing a strong pulse of air forward
- This percussive sound will not produce a tone on the flute; therefore, the notehead in the flute part will be an “x”

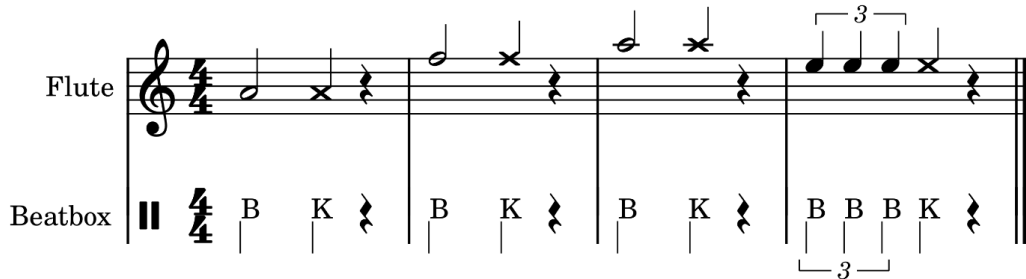


Figure 3: Notation when the percussive sound does not produce a tone on the flute

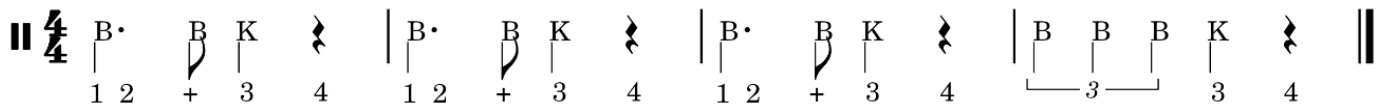
1) B and K exercise



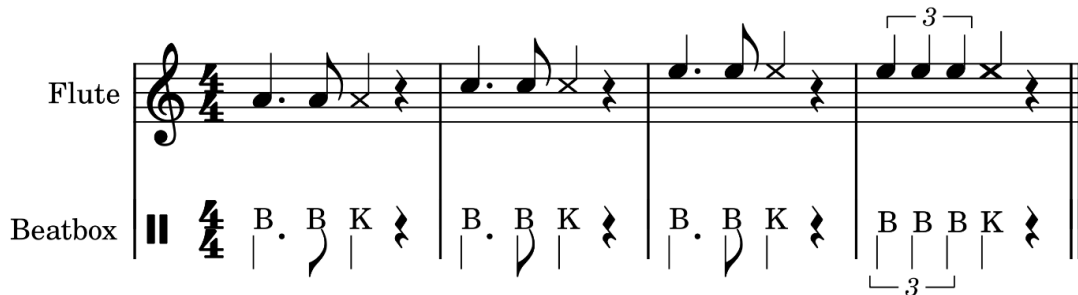
2) Add flute



3) B and K exercise



4) Add flute



Flute Waves

Exercise #2 with backing track

♩ = 104

Flute

Beatbox

Count off

Beatbox only

7 Play

13

18

23

The musical score is written in 4/4 time with a tempo of 104 BPM. It consists of five systems of music. Each system has a Flute staff and a Beatbox staff. The first system is a 'Count off' with a 4-measure rest for the flute and a 4-measure beatbox pattern. The second system is labeled 'Beatbox only' and shows the flute staff with rests and the beatbox staff with 'B' and 'K' notes. The third system is labeled 'Play' and shows the flute staff with notes and the beatbox staff with 'B' and 'K' notes. The fourth system shows the flute staff with a triplet of eighth notes and the beatbox staff with 'B B B K' notes. The fifth system shows the flute staff with a triplet of eighth notes and the beatbox staff with 'B B B B' notes.

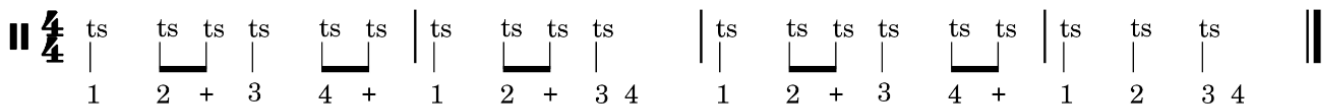
Preparing for Exercise #3 - Classic boots and cats

- Introducing “ts”
- Similar to regular articulation on flute – “tah”
- Hiss after the articulation – “tss”
- This percussive sound will not produce a tone on the flute.
- This percussive sound may also occur when inhaling, see Figure 4.



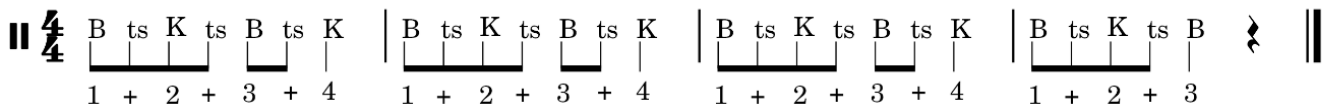
Figure 4: A “check” above the beatbox syllable means to inhale - think “tuh” as you breathe in

1) ts exercise



2) Add flute

3) Boot and cats exercise



4) Add flute

Preparing for Exercise #4 - Shakin' ch's

- Keep the teeth closed and whisper "ch" as in "change."
- Execute this syllable short and precise like a staccato.
- This percussive sound will also not produce a tone on the flute.

1) ch exercise

2) B and ch exercise

3) Add flute

4) B and ch exercise

5) Add flute

Slappin' Flute

Exercise #4 with backing track

♩ = 120

Count off Play

9

15

21 Count off Play

27

32

39 Count off Play